

FOREST

R E S T A U R A N T

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Cooking is actually a loving and selfless activity, which is also a joy for the Chéf through savvy guests.



BALVANYOS
RESORT



APPETIZERS

Forest salad
smoked trout, tomatoes,
green onions, salad mix, citrus dressing
Allergen 4, 6, 10 300g **51** lei

Fish egg salad
carp fish egg, red onion, tomatoes, toast
Allergen 1, 4, 7 250g **42** lei

Tapas platter
mushroom salad, beans, eggplant salad
Allergen 1, 2, 3, 10, 11 150g **49** lei

Goat cheese bruschetta
walnuts, pine syrup
Allergen 1, 7 145g **41** lei

Camembert in panko-almond crust
blueberry sauce and arugula
Allergen 1, 3, 7, 8 150g **54** lei

Spicy chicken wings
baked garlic sauce and greens
Allergen 3, 1, 6, 9, 10 350g **50** lei

Chicken liver
caramelized onion jam
Does not have allergen 230g **41** lei

Pan-fried shrimp
garlic, olives, cherry tomatoes, white wine sauce
Allergen 4, 9, 14 180g **49** lei



SOUPS

Served at choice with sour cream and hot peppers

Tripe soup
with tarragon

Allergen 1, 3, 7, 9 430g **32** lei

Szekler potato soup
with smoked ribs

Allergen 1, 3, 7, 9 430g **31** lei

Beef soup

Allergen 9 400g **31** lei

Chicken noodle soup

Allergen 3, 7 400ml **30** lei

Vegetable cream soup

Allergen – ask the waiter 350g **28** lei



VEGETARIAN

Gnocchi

curd cheese, wild garlic pesto

Allergen 1, 3, 7 300g **38 lei**

Tagliolini arrabiata

tomatoes, hot peppers, garlic, basil, olive oil

Allergen 1, 3, 9 250g **39 lei**

Tagliatelle quattro formaggi

gorgonzola, emmentaler, parmesan, trapist

Allergen 1, 3, 7, 6 250g **45 lei**

Tagliolini aglio olio e peperoncino

garlic, olive oil, hot peppers

Allergen 1, 3 250g **45 lei**

Seasonal vegetable risotto

wild mushrooms, zucchini, pumpkin

Allergen 7, 9, 11 350g **41 lei**

Vegetable curry with basmati rice

potatoes, carrots, broccoli, cauliflower, chili

Allergen 1, 6, 7 450g **41 lei**

Vegetable tempura

eggplant, bell peppers, zucchini, green onions, spicy mayo

Allergen 1, 2, 3, 6, 10 230g **35 lei**



MAIN DISHES

Balvanyos Burger
steak potatoes or french fries
Allergen 1, 3, 7, 9 480g **59** lei

Beef tongue
mashed potatoes with spinach, lemon sauce
Allergen 1, 7, 9, 10 300g **63** lei

Sirloin steak
with truffle flavoured mashed potatoes
and forest mushroom sauce
Allergen 1, 7, 10, 11 400g **95** lei

Wiener schnitzel
beef sirloin, potato salad, red onions, bacon, cucumbers
Allergen 1, 3 400g **63** lei

Beef stew with red wine
wild mushrooms, homemade noodles
Allergen 1, 3 550g **65** lei

Slow cooked pork neck
white cabbage, smoked carrots, gravy sauce
Allergen 7 380g **56** lei



MAIN DISHES

Stuffed vine leaves
porc, smoked bacon, polenta
Allergen 1, 3, 7 400g **53** lei

French baked potatoes
sausage, egg, cheese, cream
Allergen 1, 3, 7 250g **45** lei

Stuffed chicken breast
wild mushrooms, bacon,
green peas puree, mint, baked potatoes
Allergen 7 370g **63** lei

Oven baked chicken leg
white wine sauce and mashed potatoes
Allergen 1, 3, 7 380g **61** lei

Confit duck leg, red cabbage
raisins, caramelized apple, orange sauce
Allergen 1, 8 410g **67** lei



FISH

Fish soup

carp, pikeperch, trout

Allergen 4, 9 420g **31** lei

Grilled trout

green beans and baked potatoes

Allergen 4 300g **30** lei / 100g

Pan fried salmon

mashed potatoes, spinach, lemon sauce

Allergen 4, 7 380g **83** lei

Crunchy Baby Squid

baked garlic sauce, spicy Mediterranean sauce

Allergen 1, 3, 4 360g **69** lei

Tagliolini with shrimps

zucchini, tomatoes, broccoli, green onions, chilli

Allergen 1, 3, 4 360g **58** lei



SALAD

Cabbage salad
150g **10** lei

Tomato salad
150g **10** lei

Beet salad
150g **12** lei

Pickles salad
200g **12** lei

Baked bell pepper salad
150g **12** lei

Fresh cucumber salad in vinaigrette
200g **10** lei

GARNISH

Broccoli sauté
Allergen 7 200g **15 lei**

Spinach sauté
Allergen 1 250g **15 lei**

Mushrooms sauté
Allergen 7 200g **15 lei**

Baked red cabbage
Allergen 7 200g **15 lei**

Polenta
Allergen 1, 7 200g **12 lei**

Grilled vegetables
350g **15 lei**

French fries
180g **12 lei**

Baked potatoes
Allergen 7 200g **12 lei**

Mashed potatoes
Allergen 7 200g **12 lei**

Mashed potatoes with truffles
Allergen 7 220g **16 lei**

Basket of house-baked bread
Allergen 1 200g **10 lei**

SAUCES

Garlic sauce
Allergen 1, 7 50g **7 lei**

Thousand Island dressing
50g **7 lei**

Erős Pista
pepper pasta sauce
50g **7 lei**

Ketchup / Mustard / Mayonnaise
50g **7 lei**





DESSERT

Traditional Romanian dessert "papanashi"
cranberry jam, sour cream
Allergen 1, 3, 7 200g **32 lei**

Chocolate ganache
forest fruit ice cream
Allergen 1, 3, 5, 7 140g **32 lei**

Cheesecake
Wild berry sauce
Allergen 1, 3, 7, 8 170g **32 lei**

Brownie
vanilla ice cream
Allergen 1, 3, 7, 8 160g **32 lei**

Floating island
with crème anglaise
Allergen 1, 3, 7 130g **30 lei**

Tiramisu
Allergen 1, 3, 7 150g **30 lei**

Crêp Suzette
caramel, orange segments, brandy
Allergen 1, 3, 7 180g **32 lei**

Varieties of ice cream
Allergen 1, 6 50g / 1 cup **10 lei**

1. Cereals containing gluten, namely: wheat (such as spelt and khorasan wheat), rye, barley, oats
2. Crustaceans for example prawns, crabs, lobster, crayfish
3. Eggs
4. Fish
5. Peanuts
6. Soybeans
7. Milk (including lactose)
8. Nuts; namely almonds, hazelnuts, walnuts, cashews, pecan nuts, Brazil nuts, pistachio nuts, macadamia (or Queensland) nuts
9. Celery (including celeriac)
10. Mustard
11. Sesame
12. Sulphur dioxide/sulphites, where added and at a level above 10mg/kg or 10mg/L in the finished product. This can be used as a preservative in dried fruit
13. Lupin, which includes lupin seeds and flour and can be found in types of bread, pastries and pasta
14. Molluscs like, mussels, whelks, oysters, snails and squid

For any questions, regarding the weight of portions, allergens, caloric values, used ingredients (inclusive the use of eventually frozen ingredients) please, ask your server.

